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TEAM & REC

**SUMMER
2025**

TUMBLING

TINY TUMBLE

TINY TUMBLE AGES: 4-6

*No Prerequisite Skills

Tuesdays at 4:30-5:30PM

Location: Haven Main Gym

101

TUMBLING 101 AGES: 6 & Older

*No Prerequisite Skills

Tuesdays at 10:00-11:00AM & 6:00-7:00PM

Location: Main Gym

New
Class
Time!

102

TUMBLING 102 AGES: 6 & Older

Prerequisite Skills: Back/Front-walkover Series & RO

Mondays at 7:00-8:00PM & Thursdays 6:30-7:30PM

Location: Haven B Gym

New
Class
Time!

103

TUMBLING 103 AGES: 6 & Older

Prerequisite Skills: *RO BHS Series (2+)

Standing BHS step-out BWO BHS, Front HSP, boulder

Wednesdays at 4:30-5:30PM

Location: Haven B

104

TUMBLING 104 AGES: 8 & Older

Prerequisite Skills: *RO back-HSP tuck, punch front,

*aerial, *standing back-HSP series

Mondays at 8:00-9:00PM

Location: Haven B

SUMMER 2025 TUMBLING CLASS INFO:

OUR HAVEN CLASSES OPERATE ON A 5-WEEK SUMMER SCHEDULE:

SESSION 1: JUNE 2ND - JULY 3RD | SESSION 2: JULY 21ST - AUGUST 21ST

EACH SESSION IS \$105 PER ATHLETE | DISCOUNTS OFFERED FOR

TEAM MEMBERS, SIBLINGS & MULTI-CLASS ENROLLMENT