

HAVEN CHEER & GYMNASTICS FALL 2023

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WASHINGTON CROWN CENTER MALL

1500 WEST CHESTNUT STREET

WASHINGTON, PENNSYLVANIA 15301

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	SATURDAY
FRONT TRAINING ROOM	4:30-5:30 - GYMNASTICS 101 5:30-7:00 - XCEL PETITES 6:30-8:30 - XCEL MINIS	10:00-11:00 - ROLL TOTS 11:00-12:00 - GYM TOTS 1:00-2:00 -GYM/KINDER TOTS 4:30-6:00 - PETITES PREP 6:00-7:00 - ROLL TOTS 7:00-8:00 - GYM TOTS 8:00-9:00- AGES 10&UP TUMBLE	10:00-11:00 - ROLL TOTS 4:30-5:30 - TUMBLING 101 5:30-7:00 -XCEL JUNIORS 7:00-8:00 - TUMBLING 101 8:00-9:00 - BOYS TUMBLING	4:00-5:00 - CHEER TUMBLE 5:00-6:00 - TUMBLING 101 6:15-7:30 - MALIBU 7:30-8:45- COASTAL	9:00-11:00- SWEET ESCAPE 11:00-11:30- XCEL MINIS 12:30-1- XCEL PETITES 1:00-2:00PM - TUMBLE TOTS
MIDDLE TRAINING ROOM	4:30-6:00 - BLUE OASIS 6:00-7:30 - MIAMI BEACH 7:30-9:30 - BALI	4:30-5:45 - ISLAND CRUSH 6:00-7:45 - BLUE OASIS 7:45-8:45 - TUMBLE 102	4:30-5:30PM - ADV. TUMBLE 5:30-7:30PM - MIAMI BEACH 7:30-9:00PM - BALI	4:30-6:00- SWEET ESCAPE 6:00-7:30- CANCUN 7:30-9:00- ARUBA	9:00-11:00- ARUBA 11:00-1:00 CANCUN 1:00-2:00-FLEX, FLY & JUMP
BACK TRAINING ROOM	4:30-5:30 - KINDER GYM 5:30-6:30 - ROLL TOTS 6:30-7:30 - GYM TOTS 7:30-8:30 - KINDER TOTS	10:30-11:30-PLAYFUL PARENTING 4:30-5:30 - PETITES PREP* 5:30-6:30-PLAYFUL PARENTING 6:30-7:30 - KINDER TOTS 7:30-8:30-GYMNASTICS 101	4:30-5:30 - XCEL JUNIORS 5:45-6:45-FLEX, FLY & JUMP 7:00-8:00-GYMNASTICS 102	4:00-5:00-TUMBLE TOTS 5:30-6:30-PLAYFUL PARENTING	9:00-11:30- XCEL JUNIORS 11:00-1:00- XCEL MINIS 12:30-2:00- XCEL PETITES

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