



# MAY 2024



Sun	Mon	Tue	Wed	Thu	Fri	Sat	
28	29	10:00-11:00 - ROLL TOTS 10:30-11:30-PLAYFUL PARENTING 11:00-12:00 - GYM TOTS 12:00-1:00 - PLAYFUL PARENTING 1:00-2:00 -GYM/KINDER TOTS 4:30-6:00 - PETITES PREP 6:00-7:00 - ROLL TOTS 7:00-8:00 - GYM TOTS 4:45-6:00 - SZN 7 DANCE TRAIN 6:00-7:30 - SZN 7 GROUP A 7:45-8:45 - TUMBLE 102 5:30-6:30-PLAYFUL PARENTING 6:30-7:30 - KINDER TOTS 7:30-8:30-GYMNASTICS 101 8:00-9:00- AGES 10&UP TUMBLE	10:00-11:00 - ROLL TOTS 4:30-5:30 - TUMBLING 101 4:30-5:30 - TUMBLING 103 5:30-7:00 - SZN 7 GROUP E 4:30-7:00 -XCEL JUNIORS 5:45-6:45 - FLEX, FLY & JUMP 7:00-8:00 - TUMBLING 101 7:00-8:00 - GYMNASTICS 102 7:00-8:30 - SZN 7 GROUP F 8:00-9:00 - BOYS NINJA TUMBLE	2 4:00-5:00 - TUMBLE TOTS 4:30-6:00- SZN 7 GROUP B 5:00-6:00 - TUMBLING 101 6:00-7:30 - SZN 7 GROUP D 6:00-7:30 - SZN 7 GROUP G 7:30-8:30 - FLEX, FLY & JUMP 7:30-9:00 - SZN 7 GROUP I 7:30-9:00 - SZN 7 GROUP H	3 9:00-11:30 - XCEL JUNIORS 9:00-10:00 - TRAINING GROUP I 9:00-10:00 - TRAINING GROUP J 10:00-11:00 - TRAINING GROUP A 10:00-11:00 - TRAINING GROUP F 11:00-1:00 - XCEL MINIS 11:00-12:00 - TRAINING GROUP D 11:00-12:00 - TRAINING GROUP C 12:00-1:00 - TRAINING GROUP B 12:00-1:00 - TRAINING GROUP G 12:30-2:00 - XCEL PETITES 1:00-2:00 - TUMBLE TOTS 1:00 -2:00 - TRAINING GROUP H 2:00-3:00 - TINY TUMBLE 2:00-3:00 - FLY, FLEX, JUMP	4 VIRTUAL PARENT MEETING INFORMATION POSTED VIA YOUTUBE BY 5:00PM ON SEASON 7 BAND APP 	9:00-11:00 - XCEL EVALS GROUPS A&B 9:00-10:00 - TRAINING GROUP E 9:00-10:00 - TRAINING GROUP F 10:00-11:00 - TRAINING GROUP A 10:00-11:00 - TRAINING GROUP F 11:00-12:30 - XCEL EVALS GROUPS C&D 11:00-12:00 - TRAINING GROUP D 11:00-12:00 - TRAINING GROUP C 12:00-1:00 - TRAINING GROUP B 12:00-1:00 - TRAINING GROUP G 12:30-2:00 - XCEL EVALS GROUPS E&F 1:00-2:00 - TUMBLE TOTS 1:00 -2:00 - TRAINING GROUP H 2:00-3:00 - TINY TUMBLE 2:00-3:00 - FLY, FLEX, JUMP
5 <i>Open Tumble</i> SIGN-UP ONLINE 1:30-3:00PM	4:30-5:30PM - GYMNASTICS 101 4:45-6:00PM - SZN 7 DANCE 4:30-5:30PM - KINDERGYM 5:30-6:30PM - ROLL TOTS 5:30-7:00PM - XCEL PETITES 6:00-7:30PM - SZN 7 GROUP C 6:30-8:30PM - XCEL MINIS 6:30-7:30PM - GYM TOTS 7:30-8:30PM - KINDER TOTS 7:30-9PM - HANDSPRING BOOST	6 10:00-11:00 - ROLL TOTS 12:00-1:00-PLAYFUL PARENTING* 11:00-12:00 - GYM TOTS 1:00-2:00 -GYM/KINDER TOTS 4:30-6:00 - PETITES PREP 6:00-7:00 - ROLL TOTS 7:00-8:00 - GYM TOTS 4:45-6:00 - SZN 7 DANCE TRAIN 6:00-7:30 - SZN 7 GROUP A 7:45-8:45 - TUMBLE 102 5:30-6:30-PLAYFUL PARENTING 6:30-7:30 - KINDER TOTS 7:30-8:30-GYMNASTICS 101 8:00-9:00- AGES 10&UP TUMBLE	7 10:00-11:00 - ROLL TOTS 4:30-5:30 - TUMBLING 101 4:30-5:30 - TUMBLING 103 5:30-7:00 - SZN 7 GROUP E 4:30-7:00 -XCEL JUNIORS 5:45-6:45 - FLEX, FLY & JUMP 7:00-8:00 - TUMBLING 101 7:00-8:00 - GYMNASTICS 102 7:00-8:30 - SZN 7 GROUP F	8 4:00-5:00 - TUMBLE TOTS 4:30-6:00- SZN 7 GROUP B 5:00-6:00 - TUMBLING 101 6:00-7:30 - SZN 7 GROUP D 6:00-7:30 - SZN 7 GROUP G 7:30-8:30 - FLEX, FLY & JUMP 7:30-9:00 - SZN 7 GROUP I 7:30-9:00 - SZN 7 GROUP H	9 <i>Birthday Party</i>	10 9:00-11:00 - XCEL EVALS GROUPS A&B 9:00-10:00 - TRAINING GROUP E 9:00-10:00 - TRAINING GROUP F 10:00-11:00 - TRAINING GROUP A 10:00-11:00 - TRAINING GROUP F 11:00-12:30 - XCEL EVALS GROUPS C&D 11:00-12:00 - TRAINING GROUP D 11:00-12:00 - TRAINING GROUP C 12:00-1:00 - TRAINING GROUP B 12:00-1:00 - TRAINING GROUP G 12:30-2:00 - XCEL EVALS GROUPS E&F 1:00-2:00 - TUMBLE TOTS 1:00 -2:00 - TRAINING GROUP H 2:00-3:00 - TINY TUMBLE 2:00-3:00 - FLY, FLEX, JUMP	
12 <i>HAPPY Mother's DAY</i>	4:30-5:30PM - GYMNASTICS 101 4:45-6:00PM - SZN 7 DANCE 4:30-5:30PM - KINDERGYM 5:30-6:30PM - ROLL TOTS 5:30-7:00PM - XCEL PETITES 6:00-7:30PM - SZN 7 GROUP C 6:30-8:30PM - XCEL MINIS 6:30-7:30PM - GYM TOTS 7:30-8:30PM - KINDER TOTS 7:30-9PM - TUCK/LAYOUT BOOST	13 10:00-11:00 - ROLL TOTS 10:30-11:30-PLAYFUL PARENTING 11:00-12:00 - GYM TOTS 12:00-1:00 - PLAYFUL PARENTING 1:00-2:00 -GYM/KINDER TOTS 4:30-6:00 - PETITES PREP 6:00-7:00 - ROLL TOTS 7:00-8:00 - GYM TOTS 4:45-6:00 - SZN 7 DANCE TRAIN 6:00-7:30 - SZN 7 GROUP A 7:45-8:45 - TUMBLE 102 5:30-6:30-PLAYFUL PARENTING 6:30-7:30 - KINDER TOTS 7:30-8:30-GYMNASTICS 101 8:00-9:00- AGES 10&UP TUMBLE	14 10:00-11:00 - ROLL TOTS 4:30-5:30 - TUMBLING 101 4:30-5:30 - TUMBLING 103 5:30-7:00 - SZN 7 GROUP E 4:30-7:00 -XCEL JUNIORS 5:45-6:45 - FLEX, FLY & JUMP 7:00-8:00 - TUMBLING 101 7:00-8:00 - GYMNASTICS 102 7:00-8:30 - SZN 7 GROUP F 8:00-9:00 - BOYS NINJA TUMBLE	15 4:00-5:00 - TUMBLE TOTS 4:30-6:00- SZN 7 GROUP B 5:00-6:00 - TUMBLING 101 6:00-7:30 - SZN 7 GROUP D 6:00-7:30 - SZN 7 GROUP G 7:30-8:30 - FLEX, FLY & JUMP 7:30-9:00 - SZN 7 GROUP I 7:30-9:00 - SZN 7 GROUP H	16 <i>Open Tumble</i> SIGN-UP ONLINE 5:00-6:30PM	17 9:00-11:30 - XCEL JUNIORS 9:00-10:00 - TRAINING GROUP E 9:00-10:00 - TRAINING GROUP F 10:00-11:00 - TRAINING GROUP A 10:00-11:00 - TRAINING GROUP F 11:00-1:00 - XCEL MINIS 11:00-12:00 - TRAINING GROUP D 11:00-12:00 - TRAINING GROUP C 12:00-1:00 - TRAINING GROUP B 12:00-1:00 - TRAINING GROUP G 12:30-2:00 - XCEL PETITES 1:00-2:00 - TUMBLE TOTS 1:00 -2:00 - TRAINING GROUP H 2:00-3:00 - TINY TUMBLE 2:00-3:00 - FLY, FLEX, JUMP	
19 <i>Season Six Celebration</i> JULIAN'S BANQUET HALL WASHINGTON, PA 4-8PM ALL-STAR CHEER & XCEL GYMNASTICS	20 <i>Haven Showcase</i>	21 <i>Haven Showcase</i> 10:30-11:30-PLAYFUL PARENTING 12:00-1:00 - PLAYFUL PARENTING 4:30-5:30 - PLAYFUL PARENTING	22 <i>Haven Showcase</i> <i>All-Star Cheer Team</i> <i>Flyer Evaluations</i> 6:30PM - TBD	23 <i>All-Star Cheer Team</i> <i>Fryout Night</i> 10:30-11:30-PLAYFUL PARENTING 12:00-1:00 - PLAYFUL PARENTING 5:30-6:30 -PLAYFUL PARENTING	24 <i>All-Star Cheer Team</i> <i>Fryout Night</i>	25 <i>Staff Meetings</i> <i>Season 7 Planning</i>	
26	27 <i>HAPPY MEMORIAL DAY</i> <i>Memorial Day</i>	28 <i>DANCE TEAM</i> <i>Fryout Night</i> MAY CLASS SEND-OFF NIGHT DETAILS TBD	29 <i>DANCE TEAM</i> <i>Fryout Night</i>	30 <i>All-Star Cheer</i> <i>Team Reveal</i> <i>Team Registration</i>	31 <i>XCEL Gymnastics</i> <i>&amp; DANCE TEAM</i> <i>Team Registration</i>	1	